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Can Pre-Transformer Models with Linguistic Insights Rival Basic Transformers?

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1. Introduction

The advent of large language models (LLMs) has significantly advanced the field of natural language processing (NLP). However, the research community has expressed concerns about some of their limitations; in particular, the substantial computational power required to run highly parameterized models and their lack of interpretability. At the same time, it remains unclear whether we have fully explored potential methodological enhancements for traditional machine learning (ML) models. In this work, we present a preliminary study with two overarching goals: (1) To test the hypothesis that incorporating grammatical features into traditional ML models can improve their performance, and (2) To compare these grammatically enhanced ML models to transformer-based models, such as BERT. We use these models for the detection of public health misinformation, defined as information that is false or inaccurate, but not intended to deceive or harm. This is distinct from disinformation, which is disseminated with malicious intent. We treat “fake news” as a type of misinformation, consistent with other literature on this subject (Ni et al., 2023; Liu et al., 2024).

One of the major limitations of LLMs, including transformer-based models, is their lack of interpretability. Without knowledge of the linguistic characteristics that inform model output, it is difficult to validate model predictions. This undermines trust, especially in contexts where accuracy and accountability are essential. It may obscure key insights about the target domain, or worse, lead to misguided actions or reinforced bias in high-stakes contexts. This opacity also hampers error diagnosis, and limits progress towards more refined, state-of-the-art research. Additionally, LLMs are computationally intensive, requiring substantial hardware resources, large datasets and significant energy consumption. This hinders the reproducibility of results and limits broader participation in LLM-based research.

Well-established principles of corpus linguistics and grammatical variation have historically been overlooked in the development of automated text classification models. Amongst these are: (a) The importance of preserving naturally occurring language, which is often compromised by the disadvantageous use of text pre-processing, and (b) The role of the functional relationship between situational characteristics, pervasive grammatical features, and the discourse function of those features at the text level (Biber and Egbert, 2023). Decades of grammatical variation research have demonstrated that different text types will display unique combinations of grammatical features based on their situational characteristics. For example, persuasive, expository, and narrative discourse will display unique grammatical patterns due in part to variation in their communicative functions. The pervasiveness of this finding in linguistic research, across all text types, suggests that grammatical patterns could be a key discriminative feature in distinguishing between misinformation and non-misinformation in mainstream U.S. news media.

Recent research on medical and public health misinformation has demonstrated that linguistic insights can play an important role in text classification tasks. For example, in analyzing the effects of text preprocessing on model performance, Siino et al. (2024: 12) found that support vector machine (SVM) models without any form of text pre-processing outperformed their counterparts that applied the

full battery of pre-processing techniques (e.g., lower-casing, stop word removal, stemming, etc.). Notably, they reported that stemming led to the poorest performance in all models evaluated. Recent work has also substantiated the importance of considering the grammatical features in misinformation. In a study evaluating the influence of isolated feature types on model performance for text classification tasks, Di Sotto and Viviani (2022: 15) found that of all the isolated features considered in the study (e.g., medical terminology, sentiment), the model relying solely on grammatical features¹ for misinformation detection achieved the highest performance².

In this work, we incorporate grammatical features into traditional ML models to evaluate the effect they have on model performance for detecting public health misinformation. We then compare the performance of these grammatically enhanced models to commonly used transformer-based models.

2. Methods

2(a). Corpus Selection

We sought an open-source public health misinformation corpus that met the following criteria:

- a) The corpus represents a narrowly defined source domain (e.g., news media articles, Reddit posts, blogs, etc.).
- b) Access to the full texts is provided.
- c) Annotations represent ground-truth labels of misinformation or non-misinformation, or their equivalents (e.g., fake or real news).
- d) Annotations are assigned by subject matter experts using principled and consistent criteria throughout the annotation process.

There were two significant challenges identifying open-source public health misinformation corpora with respect to the criteria above. First, many of the open-source corpora that we identified did not assign class labels based on the content of the text, but on the source domain. For example, the description of a public health misinformation corpus released in 2023 reads: “(...) the truthful articles were obtained by crawling articles from Reuters.com (...) The fake news articles were collected from unreliable websites that were flagged by Politifact and Wikipedia (...)” (Hemina et al., 2023). In addition, many open-source corpora merged multiple source domains to form a single corpus (e.g., social media posts and news articles). For the purposes of this study, combining texts from distinct registers³ into a single corpus makes it exceedingly difficult to identify distinctive grammatical features of misinformation, as it introduces a number of confounding variables to the model, such as the target audience and a variety of other register-specific conventions.

Despite these challenges, we were able to identify a single corpus that met our criteria. We selected the HealthStory sub-corpus from the greater FakeHealth corpus, which was compiled through a web-based project that ran from 2005 – 2018. The goal of this project was to critically analyze claims about health care interventions to improve the quality of health care information (Dai et al., 2020: 2)⁴. The project was funded by the Informed Medical Decisions Foundation, which is free from industry influence and does not advertise or accept funding from any entities with potential conflicts of interest.

The HealthStory sub-corpus represents public health misinformation broadly, covering a range of health interventions (e.g., procedures, treatments, products) for a variety of health ailments (e.g., cancer, surgery, heart attacks, mental health, pregnancy). The HealthStory sub-corpus was principally compiled in terms of both source domain and public health topics. The source domain is narrow, representing news stories published by a set of mainstream U.S. news media outlets (e.g., *Associated Press*, *NPR*, *FoxNews*).

¹ The authors referred to these as “linguistic-stylistic” features, rather than “grammatical” features.

² This outcome was specific to the HealthRelease sub-corpus.

³ In this study, *register* is defined as a culturally recognized text variety with overt external indicators (Biber, 2019: 44).

⁴ This paper can be accessed through the archive link: <https://arxiv.org/pdf/2002.00837>. The full FakeHealth corpus is available for download via Dai’s GitHub: <https://github.com/EnyanDai/FakeHealth/tree/master/dataset>

syntactic and semantic detail it identifies. To select a subset of grammatical features through quantitative means, we employed a key feature analysis (KFA) (Biber and Egbert, 2018; Egbert and Biber, 2023). A KFA measures the degree to which a grammatical feature is used with a markedly higher or lower frequency in a particular text type relative to another. Relative frequency is measured through a Cohen's d effect size; derived from the mean and standard deviation of each feature, in each text type. A feature is considered "key" to a text type if it meets Cohen's (1977) small effect size benchmark of $d = \pm .20$. In this study, we considered features with a d -value of $\geq .20$ to be distinctive of "fake" texts, and features with a d -value of $\leq -.20$ to be distinctive of "real" texts. Features with a d -value between $-.20$ and $.20$ were not considered key to either class, and thus dropped from consideration.

Informed by the results of the KFA, we selected nine of the 150 features to incorporate into the traditional ML models: all nouns, modal verbs of possibility (e.g., *may*, *might*), attributive adjectives, contractions, verbs of communication (e.g., *propose*, *inform*, *respond*), word count, and Dimension 1 and 4 scores derived from Biber's 1988 multi-dimensional analysis of spoken and written language (calculated by applying the factor loadings extracted in Biber's 1988 study).

2(c). Model Fine-tuning and Evaluation

We evaluated three traditional ML models that are frequently used for binary text classification: random forest (RF), logistic regression (LR), and support vector machine (SVM). For these ML models, we employed term frequency-inverse document frequency (TF-IDF) for feature extraction. Three transformer-based models were obtained from the Hugging Face Model Hub: *bert-base-uncased*, *distilbert-base-uncased* and *roberta-base*. Pre-trained BERT models are well-suited for text classification tasks due to the bidirectional, encoder-only architecture. A simple classification head can be added on top of the pre-trained model in the fine-tuning stage for downstream classification tasks (Devlin et al., 2019). All layers of the BERT models accessed through Hugging Face are unfrozen, allowing the model weights to be updated during fine-tuning. Each model includes a classification head implemented as a fully connected layer applied to the [CLS] token representation.

We fine-tuned and evaluated all models under maximally similar conditions. We employed nested cross-validation (CV), where the inner CV is used to select optimal model hyperparameters, and the outer CV is used to evaluate the model, trained with the selected parameters on the held-out data. This is used to test for overfitting. We used 5-fold cross-validation for both the inner and outer CVs, and explored 3 – 4 influential hyperparameters for each model (see Appendix A). The "best" model hyperparameters within the nested-cross validation were selected by maximizing the F1 score for the "fake" class.

For both CVs, we used stratified cross-validation to ensure balanced class distribution for each fold. To further address class imbalance in the traditional ML models, each sample was assigned a weight that was inversely proportional to its class frequency. In the transformer-based models, class imbalance was addressed by computing class weights and using the `WeightedRandomSampler` to generate class-balanced batches. These weights were also incorporated into the loss function to reinforce balanced learning.

We evaluated the models using the following performance metrics: F1 macro, AUC, and precision, recall, and F1 scores for both the "fake" and "real" classes. Given the small, imbalanced dataset, we bootstrapped the pooled sample of predictions from the outer folds to calculate standard error and 95% confidence intervals.

3. Results

3(a). Comparison of Unigram-only and Unigram-grammar ML Model Performance

Results indicate that grammatical features have the potential to enhance the performance of traditional ML models. With the addition of only the nine grammatical features selected via the KFA, all traditional ML models outperformed their counterparts, albeit modestly. In the ML models with grammatical features, F1 scores for the "fake" class showed improvement ranging from .02 – .03. While

this increment falls within the margin of error, similar improvement was found across all performance metrics reported for the UG models (see Table 1). There are only two deviations from this pattern: the random forest F1 and recall scores for the “real” class, and the logistic regression recall score for the “real” class. The consistency with which grammatical features improved the performance of the traditional ML models suggests that it would be advantageous to consider grammatical features in similar use cases.

Table 1 displays the contrast in performance between unigram-only (U) and unigram-grammar (UG) models. Where the UG model outperformed the U model, the performance metric is marked in bold red font. Where the opposite is true, the performance metric is marked in bold blue font.

3(b). Comparison of Transformer-based and Unigram-grammar ML Model Performance

Given that the grammatically enhanced models largely outperformed their unigram-only counterparts, we chose to compare the performance of the enhanced models to the transformer-based models. In our use case, the two model types achieved comparable performance, with grammatically enhanced ML models yielding slightly higher scores. While all scores fell within the margin of error, the ML models consistently outperformed the transformer-based models across all performance metrics, with the exception of the AUC score (see Table 2).

Table 2 presents the performance metrics of the grammatically enhanced ML models and the transformer-based models. For each of the performance metrics reported, the highest score amongst all models is marked in bold red font. Note that the highest score was achieved by one of the grammatically enhanced ML models on seven of the eight performance metrics. The random forest model recorded the highest F1 score for the “fake” class ($.542 \pm .017$), though only marginally outperforming DistilBERT ($.539 \pm .018$) and well within the margin of error. Figure 3 depicts the performance of all models with respect to F1 macro scores.

Table 1

Unigram-only (U) and unigram-grammar (UG) model comparison: mean, standard error, 95% confidence intervals. Models incorporating grammatical features appear shaded gray. For each ML model, the U and UG performance metrics are compared to one another. Where the UG model outperformed the U model, the performance metric is marked in bold red font. Where the opposite is true, the performance metric is marked in bold blue font.

Model	“Real” Class					“Fake” Class		
	F1 Macro	AUC	Precision	Recall	F1	Precision	Recall	F1
RF (U)	.660 ± .013 [.635, .687]	.732 ± .013 [.705, .760]	.817 ± .009 [.801, .835]	.776 ± .013 [.753, .802]	.800 ± .009 [.780, .814]	.493 ± .018 [.460, .531]	.556 ± .024 [.508, .603]	.523 ± .019 [.486, .559]
RF (UG)	.668 ± .013 [.644, .694]	.740 ± .014 [.715, .766]	.828 ± .009 [.812, .844]	.765 ± .013 [.740, .790]	.795 ± .009 [.778, .813]	.498 ± .018 [.464, .532]	.594 ± .023 [.550, .636]	.542 ± .018 [.507, .575]
LR (U)	.604 ± .013 [.578, .628]	.681 ± .016 [.649, .711]	.816 ± .010 [.796, .836]	.636 ± .015 [.607, .665]	.714 ± .011 [.692, .737]	.405 ± .013 [.377, .431]	.633 ± .024 [.587, .677]	.494 ± .013 [.463, .525]
LR (UG)	.618 ± .012 [.592, .641]	.685 ± .016 [.654, .716]	.833 ± .011 [.812, .853]	.630 ± .015 [.601, .659]	.717 ± .012 [.694, .739]	.417 ± .013 [.391, .443]	.677 ± .023 [.631, .724]	.516 ± .015 [.486, .546]
SVM (U)	.590 ± .012 [.565, .612]	.653 ± .015 [.626, .683]	.806 ± .010 [.677, .721]	.616 ± .014 [.786, .827]	.700 ± .011 [.589, .645]	.388 ± .013 [.364, .413]	.621 ± .024 [.573, .666]	.477 ± .016 [.448, .507]
SVM (UG)	.624 ± .012 [.601, .647]	.690 ± .014 [.657, .713]	.821 ± .009 [.803, .839]	.674 ± .014 [.649, .702]	.740 ± .010 [.721, .759]	.429 ± .013 [.403, .456]	.623 ± .022 [.580, .666]	.508 ± .015 [.478, .537]

As seen in Table 1, the incorporation of grammatical features improved performance for most traditional ML models, on most metrics.

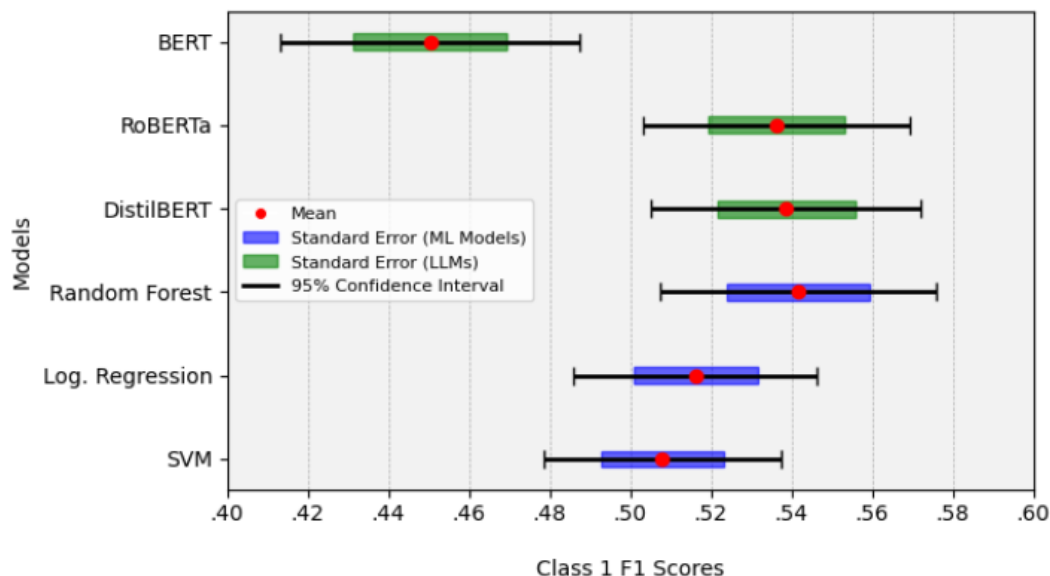
Table 2

ML and transformer-based model comparison: mean, standard error, 95% confidence intervals. Grammatically enhanced ML models appear shaded gray. For each performance metric, the highest value is marked in bold red font.

Model	“Real” Class					“Fake” Class		
	F1 Macro	AUC	Precision	Recall	F1	Precision	Recall	F1
RF (UG)	.668 ± .013 [.644, .694]	.740 ± .014 [.715, .766]	.828 ± .009 [.812, .844]	.765 ± .013 [.740, .790]	.795 ± .009 [.778, .813]	.498 ± .018 [.464, .532]	.594 ± .023 [.550, .636]	.542 ± .018 [.507, .575]
LR (UG)	.618 ± .012 [.592, .641]	.685 ± .016 [.654, .716]	.833 ± .011 [.812, .853]	.630 ± .015 [.601, .659]	.717 ± .012 [.694, .739]	.417 ± .013 [.391, .443]	.677 ± .023 [.631, .724]	.516 ± .015 [.486, .546]
SVM (UG)	.624 ± .012 [.601, .647]	.690 ± .014 [.657, .713]	.821 ± .009 [.803, .839]	.674 ± .014 [.649, .702]	.740 ± .010 [.721, .759]	.429 ± .013 [.403, .456]	.623 ± .022 [.580, .666]	.508 ± .015 [.478, .537]
BERT	.612 ± .013 [.586, .637]	.655 ± .016 [.626, .684]	.785 ± .008 [.770, .801]	.761 ± .013 [.735, .788]	.773 ± .009 [.756, .791]	.434 ± .018 [.398, .473]	.468 ± .024 [.422, .515]	.450 ± .019 [.413, .487]
RoBERTa	.657 ± .013 [.631, .681]	.741 ± .014 [.712, .768]	.830 ± .090 [.813, .847]	.732 ± .014 [.704, .758]	.778 ± .100 [.759, .795]	.474 ± .016 [.443, .504]	.617 ± .024 [.568, .664]	.536 ± .017 [.502, .568]
DistilBERT	.664 ± .012 [.638, .687]	.731 ± .015 [.702, .759]	.829 ± .090 [.811, .846]	.752 ± .013 [.727, .776]	.788 ± .090 [.770, .806]	.487 ± .024 [.455, .518]	.603 ± .016 [.555, .650]	.539 ± .017 [.505, .572]

Figure 3

Comparison of F1 scores for the “fake” class across grammatically enhanced ML models and transformer-based models



4. Conclusion

In this work, we explored the extent to which incorporating grammatical features into traditional ML models (e.g., logistic regression, random forest, support vector machine) can improve model performance for misinformation detection. To identify grammatical features that may help distinguish texts containing public health misinformation (“fake” texts) from those that do not (“real” texts), we used a key feature analysis, which serves to identify grammatical features that are frequent and pervasive in each group of texts relative to the other. We then compared the performance of the grammatically enhanced ML models to the performance of LLMs on the same task. Preliminary results of our study show that incorporating grammatical features into traditional ML models led to modest improvements in performance, with the top-performing ML model achieving results comparable to those of the LLMs.

Time limitations hindered our ability to optimize both the traditional ML and transformer-based models. All models were fine-tuned and evaluated with a maximum allowable runtime of 48 hours. While the traditional ML models took anywhere from five minutes to seven hours to run, the transformer-based models frequently approached or exceeded the 48-hour runtime limit. As a result, we attempted to train the transformer-based models multiple times with slightly altered hyperparameters to avoid early termination. This required that we weigh the importance of various hyperparameters for tuning, such as `batch_size`, `learning_rate`, `epochs`, and `max_token_length`. While BERT models have a `max_token_length` of 512, we were unable to run the *bert-based-uncased* model at the maximum token length without cutting numerous other hyperparameters from the grid. Future iterations of this study should employ a standardized method of hyperparameter specification in order to properly optimize the models.

The limitations of the transformer-based models also affected our ability to optimize the traditional ML models. To prevent providing the ML models with a performance advantage due solely to the lack of constraints relative to the transformer-based models, we standardized the training conditions of all model types. While we could have carried out a far more extensive exploration of optimal hyperparameters for the traditional ML models, we chose to avoid introducing this potential bias.

While we saw a modest increase in ML model performance when grammatical features were incorporated into the models, and comparable performance between grammatically enhanced ML models and transformer-based models, it is important to note that the overall performance of all models in this study was relatively poor. Future studies should consider exploring a broader range of LLMs and

traditional ML models, as well as additional features that have shown promise in detecting misinformation (e.g., sentiment and polarity). It would also be valuable to conduct similar studies using misinformation corpora from diverse source domains to assess the generalizability of these findings.

Overall, our preliminary results indicate that traditional models still hold untapped potential. With further methodological enhancements, we may be able to narrow the performance gap between traditional ML models and more advanced AI models. Given their advantages in computational efficiency and interpretability, traditional ML models remain a compelling alternative to LLMs, especially in contexts where resources are limited or model transparency is critical. Continued exploration and refinement of traditional ML models, alongside ongoing comparisons with LLMs, will be important as AI technologies continue to advance.

Acknowledgments

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Appendix A
Hyperparameter Grids for Nested Cross-Validation

Table A1

Hyperparameter grids for each text classification model

Model	Hyperparameters
BERT	max_token_length, param_grid, batch_size, learning_rate
RoBERTa	max_token_length, batch_size, learning_rate, epochs
DistilBERT	max_token_length, batch_size, learning_rate, epochs
Random Forest	n_estimators, min_samples_leaf, max_depth
Logistic Regression	C, max_iter, solver, penalty, fit_intercept
Support Vector Machine	C, kernel (linear); C, gamma, kernel (rbf); C, gamma, kernel (poly), degree

Appendix B

Boxplots Depicting the Mean, Standard error, and 95% Confidence Intervals for Performance Metrics in ML and Transformer-based Models

Figure B1

Performance metrics for unigram-only logistic regression model

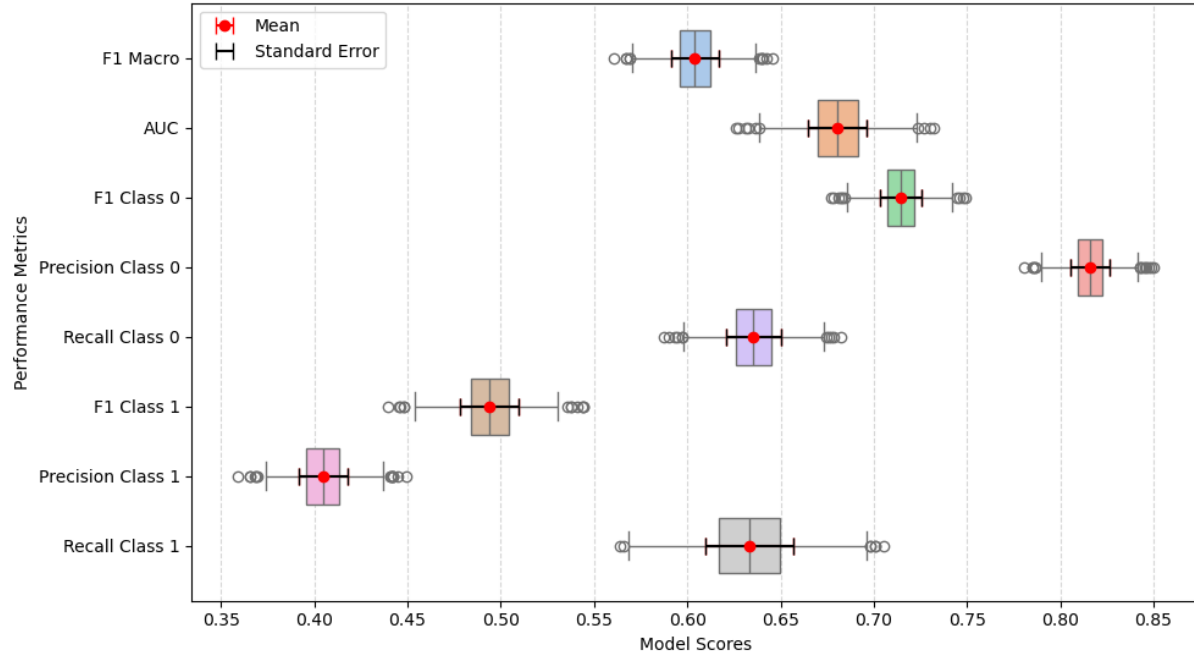


Figure B2

Performance metrics for unigram-grammar logistic regression model

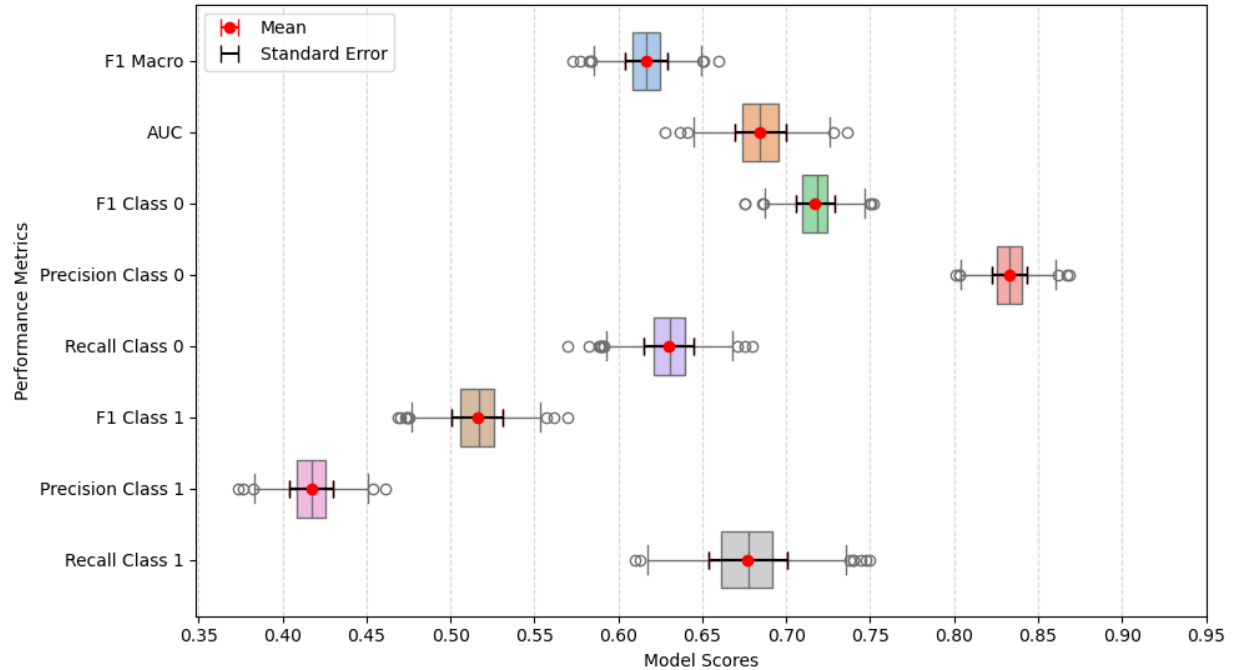


Figure B3

Performance metrics for unigram-only random forest model

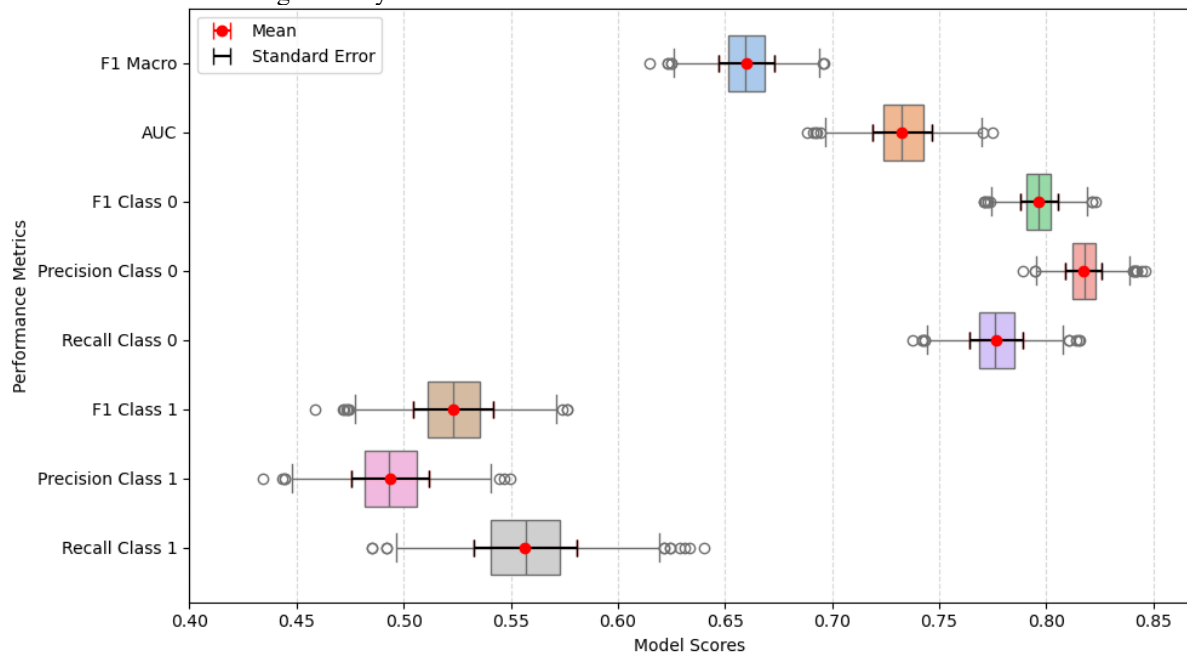


Figure B4

Performance metrics for unigram-grammar random forest model

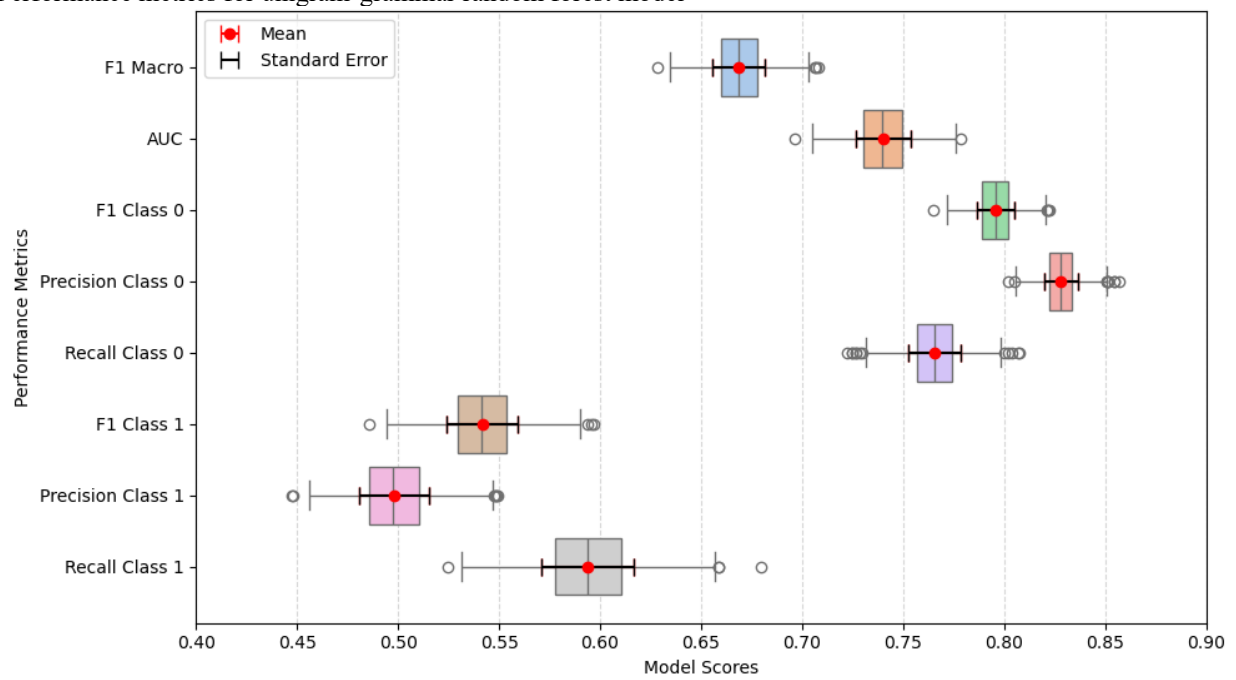


Figure B5

Performance metrics for unigram-only support vector machine model

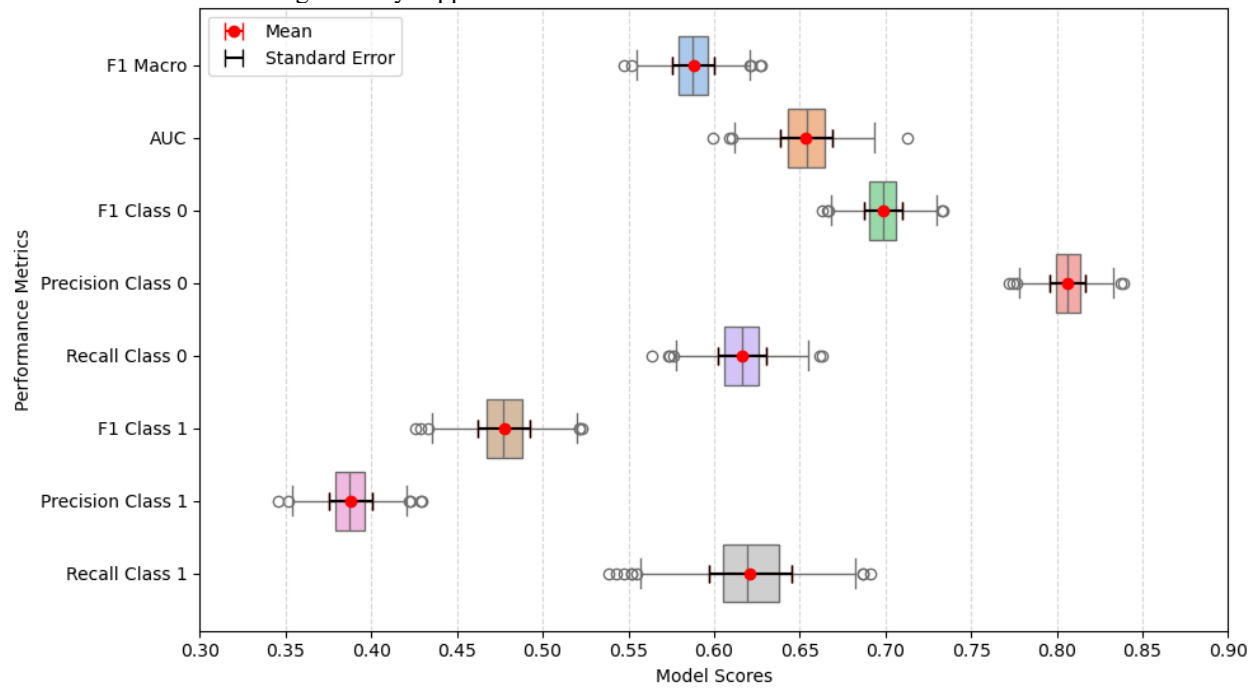


Figure B6

Performance metrics for unigram-grammar support vector machine model

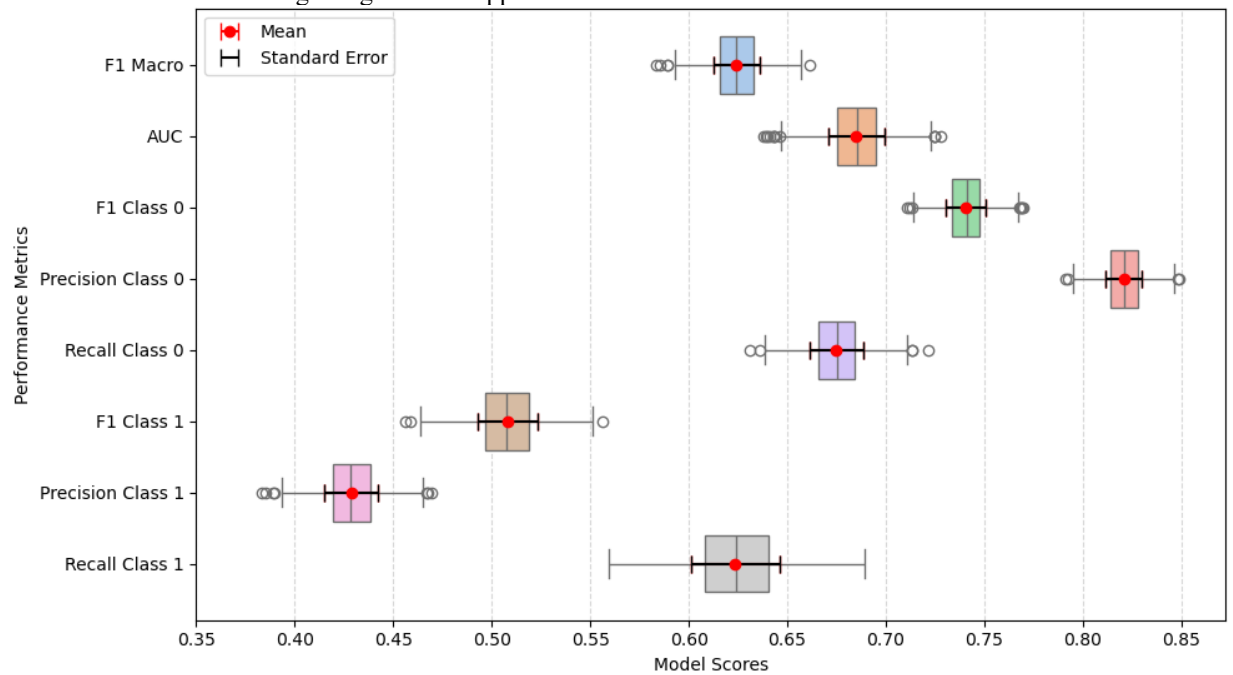


Figure B7

Performance metrics for the *bert-base-uncased* model

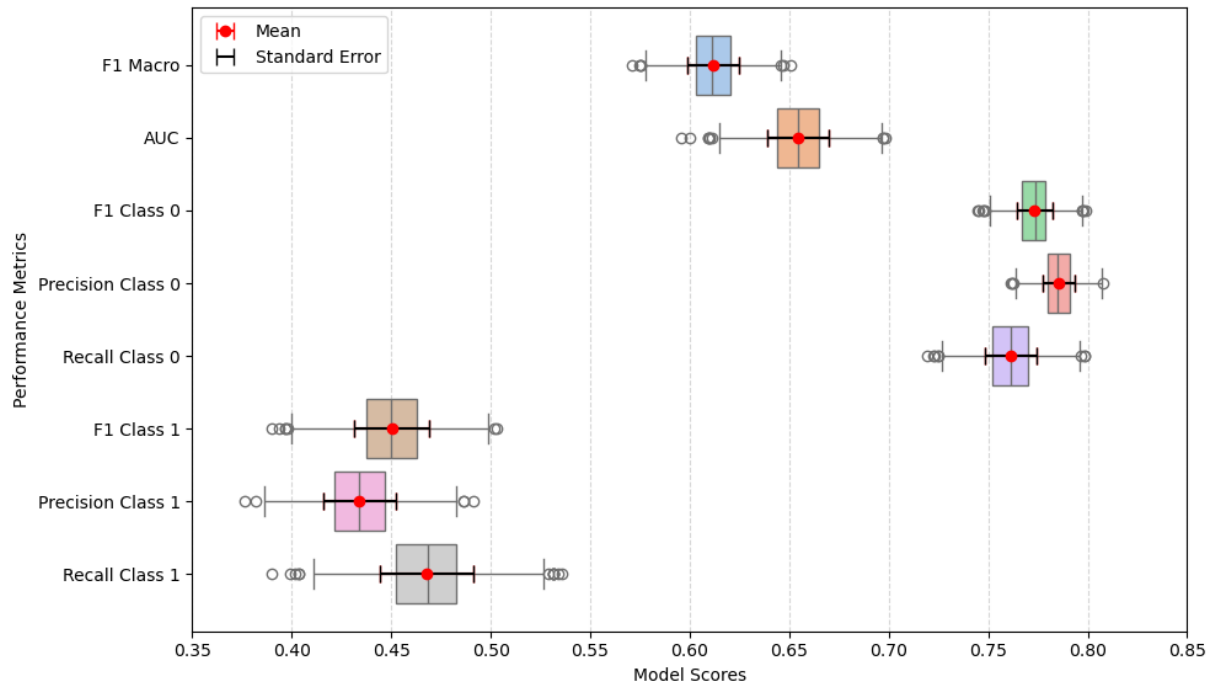


Figure B8

Performance metrics for the *RoBERTa-base* model

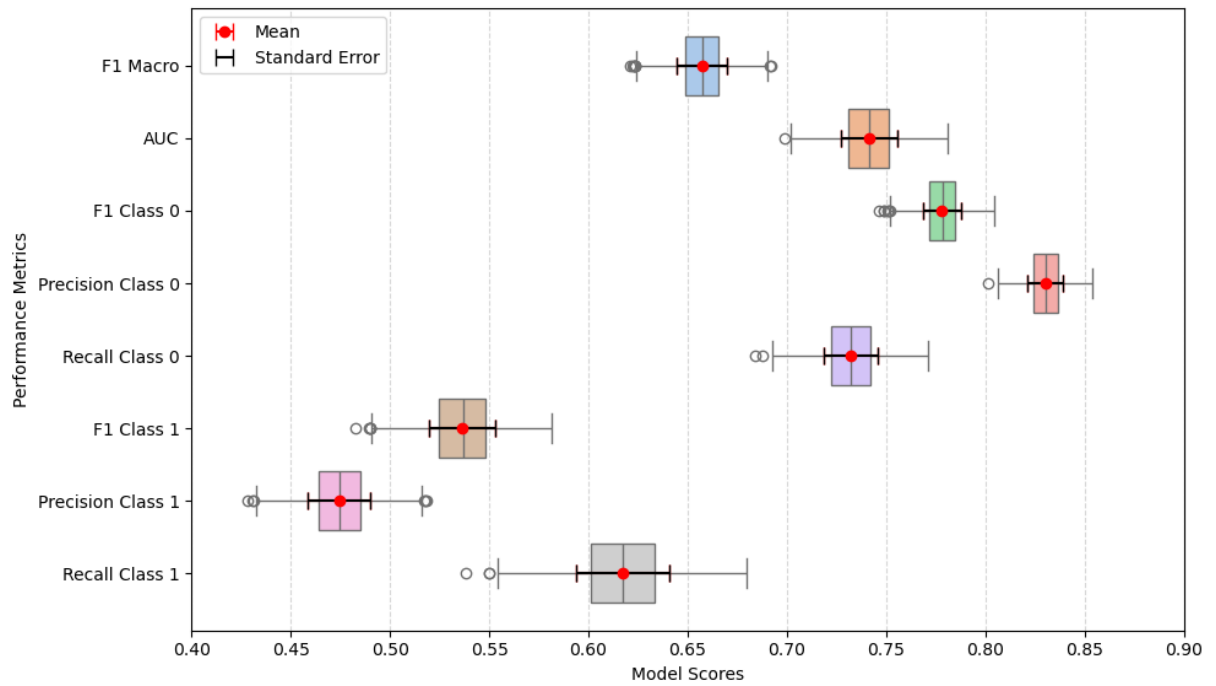


Figure B9

Performance metrics for the *DistilBERT-base-uncased* model

