# Sports Leagues and Competitive Societies 

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Randomness in Competitions
EB, N. Hengartner, S. Redner, and F. Vazquez
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## What is the most competitive sport?

Soccer
3 Baseball
(2) Hockey

Basketball
Football

## What is the most competitive sport?



Can competitiveness be quantified? How can competitiveness be quantified?

## I. Modeling competitions

## Parity of a sports league

- Teams ranked by win-loss record
- Win percentage

$$
x=\frac{\text { Number of wins }}{\text { Number of games }}
$$

- Standard deviation in win-percentage

$$
\sigma=\sqrt{\left\langle x^{2}\right\rangle-\langle x\rangle^{2}}
$$

- Cumulative distribution $=$ Fraction of teams with winning percentage $<\mathrm{x}$


In baseball
$0.400<x<0.600$
$\sigma=0.08$

$$
F(x)
$$

## Data

- 300,000 Regular season games (all games ever played)
- 5 Major sports leagues in United States \& England

| sport | league | full name | country | years | games |
| :---: | :---: | :---: | :---: | :---: | :---: |
| soccer | FA | Football Association | - | 1888-2005 | 43,350 |
| baseball | MLB | Major League Baseball | 侸 | 1901-2005 | 163,720 |
| hockey | NHL | National Hockey League | - | 1917-2005 | 39,563 |
| basketball | NBA | National Basketball Association | \% | 1946-2005 | 43,254 |
| football | NFL | National Football League | 茦 | 1922-2004 | 11,770 |


source: http://www.shrpsports.com/ http://www.the-english-football-archive.com/

## Standard deviation in winning percentage



Distribution of winning percentage clearly distinguishes sports

## The competition model

- Two, randomly selected, teams play
- Outcome of game depends on team record
- Weaker team wins with probability $q<1 / 2 \rightarrow \begin{cases}q=1 / 2 & \text { random } \\ q=0 & \text { determinisitic }\end{cases}$
- Stronger team wins with probability $\mathbf{p}>1 / 2 \quad p+q=1$
$(i, j) \rightarrow \begin{cases}(i+1, j) & \text { probability } p \\ (i, j+1) & \text { probability } 1-p\end{cases}$
$i>j$
- When two equal teams play, winner picked randomly
- Initially, all teams are equal ( 0 wins, 0 losses)
- Teams play once per unit time $\langle x\rangle=\frac{1}{2}$


## Rate equation approach

- Probability distribution functions
$g_{k}=$ fraction of teams with $k$ wins
$G_{k}=\sum_{j=0}^{k-1} g_{j}=$ fraction of teams with less than $k$ wins $\quad H_{k}=1-G_{k+1}=\sum_{j=k+1}^{\infty} g_{j}$
- Evolution of the probability distribution

$$
\frac{d g_{k}}{d t}=(1-q)\left(g_{k-1} G_{k-1}-g_{k} G_{k}\right)+q\left(g_{k-1} H_{k-1}-g_{k} H_{k}\right)+\frac{1}{2}\left(g_{k-1}^{2}-g_{k}^{2}\right)
$$

- Closed equations for the cumulative distribution

$$
\begin{aligned}
& \frac{d G_{k}}{d t}=q\left(G_{k-1}-G_{k}\right)+(1 / 2-q)\left(G_{k-1}^{2}-G_{k}^{2}\right) \\
& \quad \text { Boundary Conditions } G_{0}=0 \quad G_{\infty}=1 \quad \text { Initial Conditions } G_{k}(t=0)=1
\end{aligned}
$$

Nonlinear Difference-Differential Equations

## An exact solution

- Stronger always wins (q=0)

$$
\frac{d G_{k}}{d t}=G_{k}\left(G_{k}-G_{k-1}\right)
$$

- Transformation into a ratio

$$
G_{k}=\frac{P_{k}}{P_{k+1}}
$$

- Nonlinear equations reduce to linear recursion

$$
\frac{d P_{k}}{d t}=P_{k-1}
$$

- Exact solution

$$
G_{k}=\frac{1+t+\frac{1}{2!} t^{2}+\cdots+\frac{1}{k!} t^{k}}{1+t+\frac{1}{2!} t^{2}+\cdots+\frac{1}{(k+1)!}!^{k+1}}
$$

## Long-time asymptotics

- Long-time limit

$$
G_{k} \rightarrow \frac{k+1}{t}
$$

- Scaling form

$$
G_{k} \rightarrow F\left(\frac{k}{t}\right)
$$

- Scaling function

$$
F(x)=x
$$



Seek similarity solutions
Use winning percentage as scaling variable

## Scaling analysis

- Rate equation

$$
\frac{d G_{k}}{d t}=q\left(G_{k-1}-G_{k}\right)+(1 / 2-q)\left(G_{k-1}^{2}-G_{k}^{2}\right)
$$

- Treat number of wins as continuous $G_{k+1}-G_{k} \rightarrow \frac{\partial G}{\partial k}$ Inviscid Burgers equation

$$
\frac{\partial v}{\partial t}+v \frac{\partial v}{\partial x}=0
$$

$$
\frac{\partial G}{\partial t}+[q+(1-2 q) G] \frac{\partial G}{\partial k}=0
$$

- Stationary distribution of winning percentage

$$
G_{k}(t) \rightarrow F(x) \quad x=\frac{k}{t}
$$

- Scaling equation

$$
[(x-q)-(1-2 q) F(x)] \frac{d F}{d x}=0
$$

## Scaling solution

- Stationary distribution of winning percentage

$$
F(x)= \begin{cases}0 & 0<x<q \\ \frac{x-q}{1-2 q} & q<x<1-q \\ 1 & 1-q<x\end{cases}
$$



- Distribution of winning percentage is uniform

$$
f(x)=F^{\prime}(x)= \begin{cases}0 & 0<x<q \\ \frac{1}{1-2 q} & q<x<1-q \\ 0 & 1-q<x\end{cases}
$$



- Variance in winning percentage

$$
\sigma=\frac{1 / 2-q}{\sqrt{3}} \quad \longrightarrow \begin{cases}q=1 / 2 & \text { perfect parity } \\ q=0 & \text { maximum disparity }\end{cases}
$$

## Approach to scaling

Numerical integration of the rate equations, $q=1 / 4$


-Winning percentage distribution approaches scaling solution - Correction to scaling is very large for realistic number of games

- Large variance may be due to small number of games

$$
\sigma(t)=\frac{1 / 2-q}{\sqrt{3}}+f(t) \longleftarrow \text { Large! }
$$

Variance inadequate to characterize competitiveness!

## The distribution of win percentage



- Treat q as a fitting parameter, time=number of games - Allows to estimate qmodel for different leagues


## The upset frequency

- Upset frequency as a measure of predictability

$$
q=\frac{\text { Number of upsets }}{\text { Number of games }}
$$

- Addresses the variability in the number of games
- Measure directly from game-by-game results
- Ties: count as I/2 of an upset (small effect)
- Ignore games by teams with equal records
- Ignore games by teams with no record


## The upset frequency



| League | $\mathbf{q}$ | q |
| :---: | :---: | :--- |
| FA | $\mathbf{0 . 4 5 2}$ | 0.459 |
| MLB | $\mathbf{0 . 4 4 1}$ | 0.413 |
| NHL | $\mathbf{0 . 4 1 4}$ | 0.383 |
| NBA | $\mathbf{0 . 3 6 5}$ | 0.316 |
| NFL | $\mathbf{0 . 3 6 4}$ | 0.309 |

q differentiates the different sport leagues!

Soccer, baseball most competitive
Basketball, football least competitive

## Evolution with time



- Parity, predictability mirror each other $\sigma=\frac{1 / 2-q}{\sqrt{3}}$
- Football, baseball increasing competitiveness
- Soccer decreasing competitiveness (past 60 years)


## I. Discussion

- Model limitation: it does not incorporate
- Game location: home field advantage
- Game score
- Upset frequency dependent on relative team strength
- Unbalanced schedule
- Model advantages:
- Simple, involves only I parameter
- Enables quantitative analysis


## I. Conclusions

- Parity characterized by variance in winning percentage
- Parity measure requires standings data
- Parity measure depends on season length
- Predictability characterized by upset frequency
- Predictability measure requires game results data
- Predictability measure independent of season length
- Two-team competition model allows quantitative modeling of sports competitions


## 2. Tournaments (post-season)

## Single-elimination Tournaments

Nem. 2006 NCAA Division I Men's Basketball Championship



## Binary Tree Structure

## The competition model

- Two teams play, loser is eliminated

$$
N \rightarrow N / 2 \rightarrow N / 4 \rightarrow \cdots \rightarrow 1
$$

- Teams have inherent strength (or fitness) $x$

- Outcome of game depends on team strength

$$
\left(x_{1}, x_{2}\right) \rightarrow\left\{\begin{array}{ll}
x_{1} & \text { probability } 1-q \\
x_{2} & \text { probability } q
\end{array} \quad x_{1}<x_{2}\right.
$$

## Recursive approach

- Number of teams

$$
N=2^{k}=1,2,4,8, \ldots
$$

- $G_{N}(x)=$ Cumulative probability distribution function for teams with fitness less than $x$ to win an N -team tournament
- Closed equations for the cumulative distribution

$$
G_{2 N}(x)=2 p G_{N}(x)+(1-2 p)\left[G_{N}(x)\right]^{2}
$$

Nonlinear Recursion Equation

## Scaling properties

I. Scale of Winner

$$
x_{*} \sim N^{-\ln 2 p / \ln 2}
$$

2. Scaling Function $G_{N}(x) \rightarrow \Psi\left(x / x_{*}\right)$
3. Algebraic Tail

$$
1-\Psi(z) \sim z^{\ln 2 p / \ln 2 q}
$$


I. Large tournaments produce strong winners
3. High probability for an upset

## The scaling function

## Universal shape

Broad tail

$$
\Psi(2 p z)=2 p \Psi(z)+(1-2 p) \Psi^{2}(z)
$$

$\Psi^{\prime}(z) \sim z^{\ln 2 p / \ln 2 q-1}$



## College Basketball



- Teams ranked I-I6

Well defined favorite Well defined underdog

- 4 winners each year
- Theory: $q=0.18$
- Simulation: $q=0.22$
- Data: $q=0.27$
- Data: I978-2006
- 1600 games

2008: all four top seed advance; I in 150 chance!

## Evolution, Men vs Women



## 2. Conclusions

- Strong teams fare better in large tournaments
- Tournaments can produce major upsets
- Distribution of winner relates parity with predictability
- Tournaments are efficient but not fair

3. Leagues (regular season)

## League champions

- N teams with fixed ranking
- In each game, favorite and underdog are well defined
- Favorite wins with probability $p>1 / 2$ Underdog wins with probability $q<1 / 2$
- Each team plays $t$ games against random opponents
- Regular random graph
- Team with most wins is the champion


How many games are needed for best team to win?

## Random walk approach

I - Probability team ranked n wins a game
${ }_{3}^{2}=$
n -

N

$$
P_{n}=p \frac{n-1}{N-1}+q \frac{N-n}{N-1}
$$



- Number of wins performs a biased random walk

$$
w_{n}=P_{n} t \pm \sqrt{D_{n} t}
$$

- Team n can finish first at early times as long as

$$
(2 p-1) \frac{n}{N} t \sim \sqrt{t}
$$

- Rank of champion as function of N and t

$$
n_{*} \sim \frac{N}{\sqrt{t}}
$$

## Length of season

- For best team to finish first
- Each team must play

$$
t \sim N^{2}
$$

- Total number of games

$$
T \sim N^{3}
$$


I. Normal leagues are too short
2. Normal leagues: rank of winner $\sim \sqrt{N}$
3. League champions are a transient!

## Distribution of outcomes

- Scaling distribution for the rank of champion

$$
Q_{n}(t) \sim \frac{1}{n_{*}} \psi\left(\frac{n}{n_{*}}\right)
$$

$$
n_{*} \sim \frac{N}{\sqrt{t}}
$$

- Probability worse team wins decays exponentially

$$
Q_{N}(t) \sim \exp (- \text { const } \times t)
$$

- Gaussian tail because $\psi\left(t^{1 / 2}\right) \sim \exp (-t)$

$$
\psi(z) \sim \exp \left(- \text { const } \times z^{2}\right)
$$

- Normal league: Prob. (weakest team wins) $\sim \exp (-N)$

Leagues are fair: upset champions extremely unlikely

## Leagues versus Tournaments

16 teams, $q=0.4$


| n | league | tourna <br> ment |
| :---: | :---: | :---: |
| 1 | 24.5 | 12.9 |
| 2 | 18.2 | 11.4 |
| 3 | 13.6 | 10.1 |
| 4 | 10.3 | 8.9 |
| 5 | 7.9 | 7.9 |
| 6 | 6.1 | 7.1 |
| 7 | 4.7 | 6.3 |
| 8 | 3.7 | 5.7 |
| 9 | 2.9 | 5.1 |
| 10 | 2.2 | 4.6 |
| 11 | 1.7 | 4.2 |
| 12 | 1.3 | 3.8 |
| 13 | 1 | 3.4 |
| 14 | 0.81 | 3.1 |
| 15 | 0.63 | 2.8 |
| 16 | 0.49 | 2.6 |

## What is the likelihood

## the best team has best record?

| league | season | games | likelihood |
| :---: | :---: | :---: | :---: |
| NFL | short | predictable | $30 \%$ |
| MLB* $^{*}$ | long | random | $31 \%$ |
| NHL | moderate | moderate | $32 \%$ |
| NBA | moderate | predictable | $45 \%$ |


*90\% likelihood requires I5000 games/team!!!

## Interplay between

 length of season and predictability of games
## 3. Conclusions

- Leagues are fair but inefficient
- Leagues do not produce major upsets


## 4. Ranking Algorithm

## One preliminary round



- Preliminary round
- Teams play a small number of games $T \sim N t$
- Top M teams advance to championship round $M \sim N^{\alpha}$
- Bottom N-M teams eliminated
- Best team must finish no worse than M place $t \sim \frac{N^{2}}{M^{2}}$
- Championship round: plenty of games $T \sim M^{3}$
- Total number of games

$$
T \sim N^{3-2 \alpha}+N^{3 \alpha}
$$

- Minimal when

$$
M \sim N^{3 / 5} \quad T \sim N^{9 / 5}
$$

## Two preliminary rounds

- Two stage elimination

$$
N \rightarrow N^{\alpha_{2}} \rightarrow N^{\alpha_{2} \alpha_{1}} \rightarrow 1
$$

- Second round

$$
T_{2} \sim N^{3-2 \alpha_{2}}+N^{\alpha_{2}\left(3-2 \alpha_{1}\right)}+N^{3 \alpha_{1} \alpha_{2}}
$$

- Minimize number of games

$$
3-2 \alpha_{2}=\alpha_{2}\left(3-2 \alpha_{1}\right) \quad \longrightarrow \quad \alpha_{2}=\frac{15}{19}
$$

- Further improvement in efficiency

$$
T \sim N^{27 / 19}
$$

## Multiple preliminary rounds

- Each additional round further reduces T

$$
T_{k} \sim N^{\gamma_{k}} \quad \gamma_{k}=\frac{1}{1-(2 / 3)^{k+1}}
$$

- Gradual elimination

$$
\gamma_{k}=3, \frac{9}{5}, \frac{27}{19}, \frac{81}{65}, \cdots
$$

$$
N \rightarrow N^{\frac{57}{65}} \rightarrow N^{\frac{57}{65} \frac{15}{19}} \rightarrow N^{\frac{57}{65} \frac{15}{19} \frac{3}{5}} \rightarrow 1
$$

- Teams play a small number of games initially

Optimal linear scaling achieved using many rounds

$$
T_{\infty} \sim N \quad M_{\infty} \sim N^{1 / 3} \quad \text { optimal size of playoffs! }
$$

Preliminary elimination is very efficient!

## 4. Conclusions

- Gradual elimination is fair and efficient
- Preliminary rounds reduce the number of games
- In preliminary round, teams play a small number of games and almost all teams advance to next round


## 5. Social Dynamics

## Competition and social dynamics

- Teams are agents
- Number of wins represents fitness or wealth
- Agents advance by competing against each other
- Competition is a mechanism for social differentiation


## The social diversity model

- Agents advance by competition

$$
(i, j) \rightarrow\left\{\begin{array}{ll}
(i+1, j) & \text { probability } p \\
(i, j+1) & \text { probability } 1-p
\end{array} \quad i>j\right.
$$

- Agent decline due to inactivity

$$
k \rightarrow k-1 \quad \text { with rate } r
$$

- Rate equations

$$
\frac{d G_{k}}{d t}=r\left(G_{k+1}-G_{k}\right)+p G_{k-1}\left(G_{k-1}-G_{k}\right)+(1-p)\left(1-G_{k}\right)\left(G_{k-1}-G_{k}\right)-\frac{1}{2}\left(G_{k}-G_{k-1}\right)^{2}
$$

- Scaling equations

$$
[(p+r-1+x)-(2 p-1) F(x)] \frac{d F}{d x}=0
$$

## Social structures

## | .Middle class <br> 2. Middle+lower class

Some agents advance at different rates
Some agents do not advance
3. Lower class

Agents do not advance
4. Egalitarian class

All agents advance at equal rates


## Concluding remarks

- Mathematical modeling of competitions sensible
- Minimalist models are a starting point
- Randomness a crucial ingredient
- Validation against data is necessary for predictive modeling


## Publications

- Randomness in Competitions
E. Ben-Naim, N.W. Hengartner
J. Stat. Phys. 151, 458 (2013)
- Efficiency of Competitions
E. Ben-Naim, N.W. Hengartner

Phys. Rev. E 76, 026106 (2007)

- Scaling in Tournaments
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- What is the Most Competitive Sport?
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J. Korean Phys. Soc. 50, 124 (2007)
- Dynamics of Multi-Player Games
E. Ben-Naim, B. Kahng, and J.S. Kim
J. Stat. Mech. P07001 (2006)
- On the Structure of Competitive Societies
E. Ben-Naim, F. Vazquez, S. Redner

Eur. Phys. Jour. B 26531 (2006)

- Dynamics of Social Diversity
E. Ben-Naim and S. Redner
J. Stat. Mech. L11002 (2005)

